

# Holistic Health



*Kelly Sikkema, Unsplash*

## Healthy Boundaries and Sexuality

# Waterford Mennonite Church

November 23, 2025

Prelude	Anne Lehman	
Gathering songs	Jeff Miller	
	<i>We Praise You, O God, Our Redeemer</i>	VT 34
	<i>Come to the Water</i>	VT 35
	<i>Praise with Joy the World's Creator</i>	VT 428
Welcome & Call to Worship	Katie Misz	
Lighting the peace lamp*		
Song	<i>Spirit, Open My Heart</i>	VT 636
Offering	<i>Please pass the friendship pads</i>	
	(Gifts are for Operating Fund unless designated otherwise)	
Children's time	Melissa Chupp	
	<i>God, Give Me Faith like a Child (v.3)</i>	VT 519
Scripture	Exodus 1:15-22	
Sermon	"Sexual Health and Boundaries Is a Lifelong Journey"	
	Nancy Kauffmann**	
Testimony	Katie Maust	
Liturgical Dance	"You Say"	Layna and Lacy Stoltzfus
Pastoral Prayer	Katie Misz	
Benediction		
Sending song	<i>Use Us, God</i>	VT 811

VT = Voices Together; SJ = *Sing the Journey*; SS = *Sing the Story*

\*We light the peace lamp every Sunday to lament all unnecessary and violent loss of life around the world.

\*\* Nancy Kauffmann is presently serving as Interim Denominational Minister for Church Safety at MC USA working in abuse awareness and prevention. She lives in Goshen.

## Prayers

We pray for the *Molina family* and healing for *Tessie*, who is at Goshen Hospital being treated for high fevers.

*Anicka Fast*, who serves with Mennonite Mission Network and Mennonite World Conference, is working on the first volume of the Global Anabaptist Forebears series, a joint effort between Boston University's Center for Global Christianity and Mission, Mission Network and Mennonite World Conference. Pray for inspiration and stamina as Anicka edits the series, conducts history-writing workshops and seeks funding.

We remember this week our 1<sup>st</sup> grade students *Micah Gillette*, *James Lehman*, and *Leah Smeltzer*, and their teachers *Shelley Kauffman*, *Anne Lehman*, *Jordan Kauffman* and *Karen Thompson*.

Pray with *Good News Community Chapel*, Pinckney, Mich., their new prayer group that meets during the week will draw community people to the Lord through this ministry.

## Welcome Guests

We are glad to have you join us in worship today. Children of all ages are welcome in worship. There are sermon boards for children outside the sanctuary doors; please pick one up as you enter. If desired, there is a nursery available in the west end of the foyer for infants and toddlers. Large print copies of the hymnal and hearing aid systems are available from the ushers. We invite you to stay for our Nurture Hour.

**Our Mission Statement**

As the people of Waterford Mennonite Church, we  
***Welcome** everyone to faith and fellowship in Jesus Christ,  
**Minister** to the needs of one another and our neighbors through the  
Holy Spirit, and  
**Call out** each other’s gifts for the joyful work of  
God’s reconciling mission.*

We celebrate that everyone is created in God’s image, and as followers of Jesus we welcome people of every age, ability, race and ethnicity, sexual orientation, marital status, socio-economic situation, gender identity, and citizenship status as full participants in the life of our congregation.

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